

saskatchewan
preventioninstitute
our goal is healthy children



resource **CATALOGUE**
2010 - 2011

About the Prevention Institute

The Saskatchewan Prevention Institute is a non-profit organization working to raise awareness and educate the people of Saskatchewan about the prevention of disabling conditions in children. Formed in 1980, the Prevention Institute is the only one of its kind in Canada. The Prevention Institute is guided by a Board of Directors, Members of the Corporation, a Medical Advisory Committee, and a Program Advisory Committee.

What the Prevention Institute Does

The Prevention Institute provides:

- print, audio, visual, and online resources based on the most recent information
- educational opportunities to increase knowledge of prevention issues
- tools for community groups to assist in the development of prevention programs
- networking and partnering projects that further prevention efforts
- links with community, non-profit, and government organizations to ensure a coordinated approach to prevention programming

Primary Prevention

The Prevention Institute focuses on primary prevention which aims to prevent disabling conditions from occurring. Examples include:

- eating well and avoiding drugs, tobacco, and alcohol during pregnancy are ways a woman can protect her unborn baby
- using protective equipment such as helmets and child car seats may prevent a brain injury
- learning about positive parenting strategies to help avoid neglect and abuse of children

There are many other preventive measures. Preventing disabilities is an individual and societal responsibility; however, it is important to recognize that not all disabilities can be prevented.

Program Areas

Alcohol, Tobacco & Other Drugs:

- Fetal Alcohol Spectrum Disorder; Maternal Smoking; Smoking and Environmental Tobacco Smoke (ETS); Other Drugs: Preventing disabilities that result from exposure to alcohol, tobacco, and other drugs.

Child Injury Prevention:

- Child Passenger Safety; Bike and Wheel Safety; Pedestrian Safety; Playground Safety; Shaken Baby Syndrome; Child Passenger Safety; General Injury Prevention; Home Safety (falls, fire, water, farm and more); Seasonal Safety and Newsletter: Promoting safe practices and healthy behaviours that prevent injuries to children.

Early Childhood Mental Health:

- Providing education and training for the public and professionals about the importance of the early years in the development of mental health. This area stresses a community approach that promotes ways to help children grow in a healthy and holistic manner.

Maternal & Infant Health:

- Domestic Violence; Folic Acid; Neural Tube Defects; Infant Mortality; Maternal Serum Screening (MSS); Routine and Special Tests During Pregnancy; Preterm Birth; Safe Sleeping; Sudden Infant Death Syndrome (SIDS): Promoting maternal and infant health and working to reduce infant mortality.

Parenting Education:

- Nobody's Perfect; Healthy Parenting Home Study, Parenthood: Providing resources, programs and training in order to support positive parenting skills. Working with parents and professionals who work with families.

Program Partners:

- Community Action Program for Children (CAPC): Supporting programs for children (0-6) and their families who are living in conditions of risk.
- Reproductive Health: Supports programming to enhance sexual and reproductive health and wellness in Saskatchewan to help enable people to make healthy choices and informed decisions during their reproductive years.

Codes and Charges

This resource catalogue lists resources that can be obtained through the Prevention Institute to assist individuals, groups, organizations, and communities in their prevention initiatives and programs. If you have any questions about the resources described in the catalogue, costs, or ordering procedures, please contact us at 306.655.2512 or email: info@preventioninstitute.sk.ca.

Please note: Availability of resources is subject to change without notice.



Print Materials

Charges for all resource materials will depend on quantity ordered and location. A postage and handling fee will apply to all materials sent. Please visit our website to download resources free of charge or order on-line at www.preventioninstitute.sk.ca. For more information call our Resource Secretary at 306.655.2517.



VHS/DVD

- May be borrowed free of charge for 2 weeks.
- Video cassettes are 1/2" VHS (Check symbols to determine VHS or DVD).
- Borrowers are responsible for the cost of lost or damaged videos.

Resources are uploaded to the website every time a revision is made, so please check frequently for updated resources.

Ordering Information

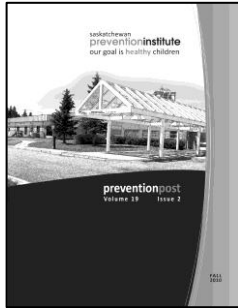
- Most materials can be downloaded free of charge from our website at www.preventioninstitute.sk.ca. Each resource will indicate if the item is order only, download only, loan only, or both order or download. If you do not have the capability to download a resource, please feel free to order from the Saskatchewan Prevention Institute by telephone, fax, or email.
- Please note that most resources are free of charge for orders under 100. Orders of 100+ will be charged out at a minimal fee to cover printing costs. All resources will be charged shipping costs.

Please Direct Orders and Inquiries to:

Saskatchewan Prevention Institute
1319 Colony Street, Saskatoon, SK S7N 2Z1
Bus. 306.655.2512
Fax. 306.655.2511
info@preventioninstitute.sk.ca
www.preventioninstitute.sk.ca

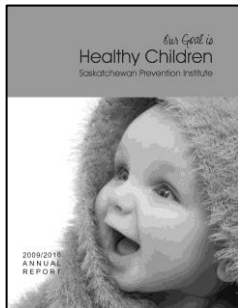
IMPORTANT

All borrowed materials must be returned to the Prevention Institute at your cost. When returning, please package materials to prevent damage.



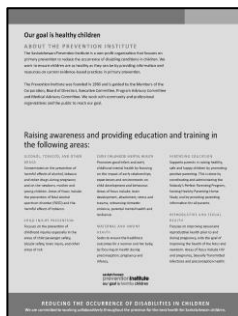
1-003  **Download**
PREVENTION POST NEWSLETTER
Saskatchewan Prevention Institute


These newsletters highlight new initiatives in the area of prevention and keeps the reader up-to-date on new research information. Includes information on program initiatives and new video and print resources available from www.preventioninstitute.sk.ca. Ideal for education and health care professionals. *(No subscription fee. If you are interested in receiving this newsletter electronically, please sign up via the website at: www.preventioninstitute.sk.ca).*



1-004  **Download**
ANNUAL REPORT
Saskatchewan Prevention Institute


The Annual Report is a document that is created yearly and provides information on the highlights of the program areas, recent accomplishments, and new resources from the previous fiscal year. Annual reports are available in electronic format via the website at www.preventioninstitute.sk.ca.



1-110  **Download or Order**
CORPORATE INFORMATION BROCHURE
Saskatchewan Prevention Institute, Rev. 2011

This unique brochure folds down into a business card size and highlights the program areas, Partners in Prevention, and general contact information.



1-113  **Download or Order**
CELEBRATING 25 YEARS (1980 - 2005) HISTORY BOOK
Saskatchewan Prevention Institute, 2005

Looking back over the Institute's first twenty-five years, this illustrated coffee-table book is a great keepsake. The book highlights the progression of the Prevention Institute and the accomplishments made. An ideal overview of the past.

1-V-347  **Loan**
SASKATCHEWAN PREVENTION INSTITUTE CORPORATE DVD - (13 min.)
Saskatchewan Prevention Institute, 2005

This video chronicles the founding and development of the Saskatchewan Prevention Institute. It includes information about corporate structure and funding, as well as past and current programming initiatives.