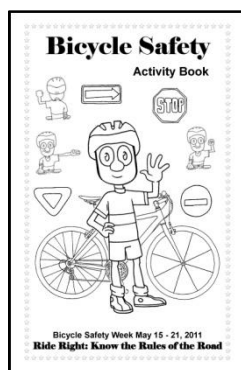


# Bike and Wheel Safety



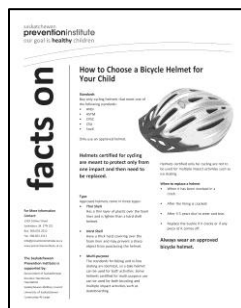
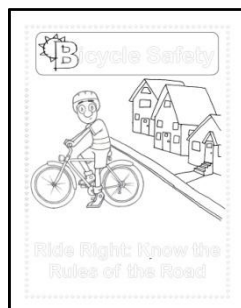
**4-017**  **Download**  
**WHEEL SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet provides tips on wheel safety.



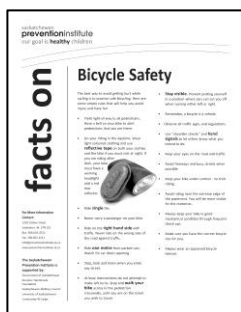
**4-022**  **Download**  
**BICYCLE SAFETY ACTIVITY BOOKLET - BOOKLET**  
*Saskatchewan Prevention Institute, Rev. 2010*


This resource changes annually to accompany Bicycle Safety Week. A colouring page is available as well.



**4-201**  **Download**  
**HOW TO CHOOSE A BICYCLE HELMET FOR YOUR CHILD - FACT SHEET**  
*Saskatchewan Prevention Institute, Revised 2010*

This document provides information on the standards for helmets, types of helmets, and how to adjust a helmet for proper fit.



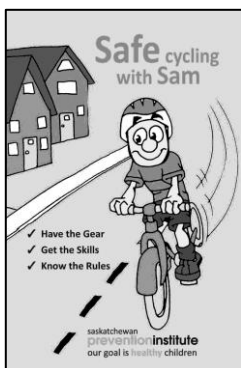
**4-202**  **Download**  
**BICYCLE SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Revised 2010*

The best way to avoid injury while cycling is to follow safe practices. This fact sheet outlines some rules of the road and general tips to help you avoid injury while cycling. Ideal for all cyclists.



**4-205**  **Download**  
**MUNICIPAL BICYCLE BYLAW DEVELOPMENT - GUIDE**  
*Saskatchewan Prevention Institute, 2002*


Provides background information on why legislation is a successful strategy in reducing bicycle-related injury and presents a framework for communities to develop and implement comprehensive bicycle bylaws in their municipalities.



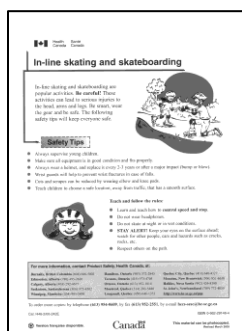
**4-212**  **Order**  
**SAFE CYCLING WITH SAM - BROCHURE**  
*Saskatchewan Prevention Institute, Revised 2011*

This innovative brochure for children features a cartoon on safe cycling. Helmet use, bike rules, and cycling skills are also reinforced.



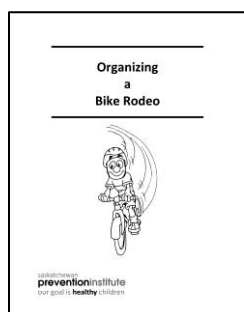
**4-213**  **Order**  
**SAFE CYCLING WITH SAM - POSTER**  
*Saskatchewan Prevention Institute, 1999*


This colourful poster for children features a cartoon illustrating the four main safety messages for cycling: get trained, learn the rules of the road, maintain a safe bike, and wear a helmet.



**4-216**  **Download**  
**IN-LINE SKATING AND SKATEBOARDING - INFORMATION SHEET**  
*Health Canada, Revised 2009*

In-line skating and skateboarding are popular activities. This information sheet provides safety tips.



**4-217**  **Download or Order**  
**YOUR GUIDE TO BICYCLE SAFETY WEEK - GUIDE**  
*Saskatchewan Prevention Institute, Revised 2011*

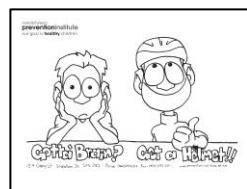
This guide will assist in planning for a bicycle safety event in your community.

The guide provides information on organizing an event or rodeo including ideas on promotion, how to recruit volunteers and instructions for thirteen different bicycle safety events. Also included: bicycle inspection form, report card, sign test, certificate of completion, colouring pages, activity booklet, and sample press releases.



**4-220**  **Order**  
**GOTTA BRAIN GETTA HELMET - INFORMATION CARD**  
*Saskatchewan Prevention Institute, 2004*

This information brochure talks about a young boy named David and how he lost control of his bike and fell, hitting his head on a concrete parking meter. The pictures of David after his injury send a clear message about the issues of safety regarding wearing helmets. This brochure also gives the reader a check list to help insure helmet structure and helmet fit. Funding was provided by Acquired Brain Injury Partnership Project and reprinted with permission from Kidsafe Connection.



*Download the Gotta Brain Getta Helmet Colouring Page from the Prevention Institute's website: [www.preventioninstitute.sk.ca](http://www.preventioninstitute.sk.ca)*

**4-V-232**  **Loan**  
**SOMEONE ELSE: BICYCLE SAFETY FOR INTERMEDIATE GRADES - DVD - (10 MIN.)**  
*Maxishare, 1998*

This video describes the aftermath of a bicycle crash and its effect on the rider, 13-year-old Danny, his friends, and the motorist. Discusses the effects of a head injury and the importance of wearing a bicycle helmet. Audience: preteens and teenagers.

**4-V-258**  **Loan****BIKE SAFETY WITH BILL NYE THE SCIENCE GUY - DVD - (30 MIN.)***Disney Educational Productions, 2004*

Instill a heads-up attitude all year long with this new DVD featuring two popular safety classics. Who better to get kids interested in bike safety basics than the way-cool Science Guy? And, when it comes to learning about the vital procedures and equipment to use when skateboarding, bicycling, and roller-skating, younger children will pay attention to their pal Pinocchio. From hand signals to the “pre-ride” check, students will learn why it’s important to always wear an approved safety helmet, stay visible to drivers, remain alert, and most importantly to follow the rules of the road.

In addition to the 16-minute program *Bike Safety with Bill Nye the Science Guy* and the 13-minute program *I’m No Fool on Wheels*, this disk also features: Scene selection; Clips correlated to activities in the on-disk Educator’s Guide, Printable Educator’s Guide, Web links to additional resources.

**4-V-259**  **Loan****BIKE SAFETY WITH BILL NYE THE SCIENCE GUY - VHS - (16 MIN.)***Disney Educational Productions, 2004*

Take a bike ride with Bill Nye The Science Guy, but before you start your wheels in motion, remember to put on your helmet and do the “pre-ride check”. In his usual fun way, Bill teaches hand signals and rules of the road and gets valuable tips from professional cyclists.

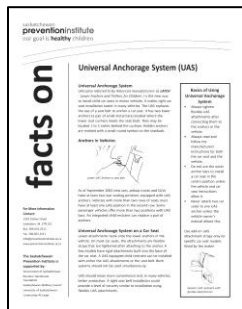
**4-V-260**  **Loan****BRAIN COMMUNICATION - VHS - (50 MIN.)***Magic Lantern, 1995*

Bill Nye, a professional scientist who has also earned money as a stand-up comedian, effectively combines science and humour. Bill gives a piece of his mind, urging others to protect theirs by wearing a helmet. Listen up while Bill talks about human and animal communication, explaining the signs and symbols people use to pass information.

**4-V-314**  **Loan****WHEEL SAFETY: BIKES, BLADES, AND BOARDS - VHS - (16 MIN.)***Syndistar, Inc., 2000*

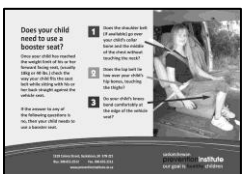
Bicycling and skating on inline skates or a skateboard can be dangerous if riders do not take the necessary safety precautions. *Wheel Safety: Bikes, Blades and Boards* explores and explains the various ways cyclists and skaters can stay safe and get more fun out of their time spent on wheels. Topics covered in the video include use of safety equipment such as helmets, maintenance, where to ride and skate, and how to prevent mishaps.


# Child Traffic Safety



**4-119**  **Download**  
**UNIVERSAL ANCHORAGE SYSTEM - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This sheet provides general information on the installation of car seats using the new Universal Anchorage System (also known as LATCH).



**4-121**  **Download**  
**DOES YOUR CHILD NEED TO USE A BOOSTER SEAT? - INFORMATION CARD**  
*Saskatchewan Prevention Institute, Rev. 2010*


This information card includes diagrams on how to use seat belts and when a child should go from a car seat to booster seat. It also describes how to choose a booster seat. Funding for this resource was provided by Acquired Brain Injury Partnership Project.



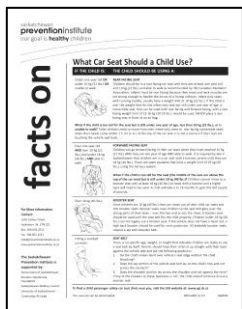
**4-122**  **Download**  
**AIR BAGS - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet informs the reader about how to find out if a car has air bags and how air bags should be used when seating children in a vehicle. It has guidelines for general adult use as well as pregnant women. This sheet also provides you with information about side air bags and advanced air bags.



**4-123**  **Download or Order**  
**PREGNANT WOMEN AND SEAT BELTS - INFORMATION CARD**  
*Saskatchewan Prevention Institute, Rev. 2010*

This information card informs pregnant women of the proper way to wear a seat belt. The answers to common questions such as whether a seat belt should be worn and how to deal with air bags are given.



**4-127**  **Download**  
**WHAT CAR SEAT SHOULD A CHILD USE? - FACT SHEET**  
*Saskatchewan Prevention Institute, 2007*


This sheet provides information on the proper car seat children should use at different stages.

**4-V-234**  **Loan**

**CAR TIME: 1-2-3-4 - VHS - (23 MIN.)**

*Transport Canada, 1999*

Car Time 1-2-3-4 shows how to keep children of all ages safe in vehicles. This lively and entertaining video explains the four stages of vehicle safety for children aged 12 years and younger. It shows how and when to use rear-facing infant seats, forward-facing child seats, booster seats, and seatbelts to protect children during travel in vehicles. The video also presents the Kid Zone – the safest place for children in vehicles is the back seat.

**4-V-341**  **Loan**

**KIDS THAT CLICK - DVD - (24 MIN.)**

*Safe Kids Canada, The Hospital for Sick Children 2007*

Do you have questions about which car seat or booster seat is right for your child? Maybe you want to know if you are using it correctly. Together, Safe Kids Canada and Hudson's Bay Company (HBC) have developed the Kids That Click program. This DVD will answer some of your questions about choosing and using car seats, booster seats, and seat belts.


# General Injury Prevention



**4-003**  **Download**  
**PREVENTING INJURIES - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

Injuries are the leading cause of death for Saskatchewan children. This fact sheet defines the differences between injuries and "accidents," outlines the causes of injuries and identifies the different types of strategies that can be used to prevent injuries.



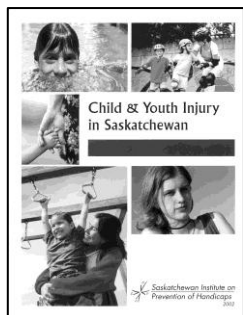
**4-004**  **Download**  
**BRAIN INJURY DUE TO TRAUMA - FACT SHEET**  
*Saskatchewan Prevention Institute, 2000*


It is important to educate children and adults alike that the brain controls everything that we do. We must realize that we are who we are because of our brains and that every effort must be made to protect the brain from harm. In order to explain the importance of the brain, it is necessary to understand what happens to the brain when it is injured.



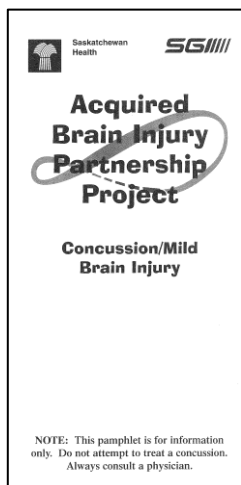
**4-005**  **Download**  
**PROTECTING THE BRAIN - FACT SHEET**  
*Saskatchewan Prevention Institute, 2000*

The brain enables us to do everything that we do - breathe, walk, plan for our futures, and makes us who we are as individuals. It is important to understand how the brain works so we can protect it as best as possible.



**4-006**  **Download or Order**  
**CHILD AND YOUTH INJURY IN SASKATCHEWAN - REPORT**  
*Saskatchewan Prevention Institute, 2002*

This report focuses on the most significant causes of injury-related hospitalizations and deaths for Saskatchewan children and youth. The most significant causes discussed in this report are falls, motor vehicle traffic, self-injury, drowning and choking, fire and flame, poison, motor vehicle pedestrian, sports, and assaults.



4-014  Order

**CONCUSSION/MILD BRAIN INJURY - PAMPHLET**

*Acquired Brain Injury Partnership Project, 2003*

Includes information on what a concussion is, the signs and symptoms of concussion, and recognizing concussion in sport.

## Home Safety: Falls, Fire, Water, Farm and More

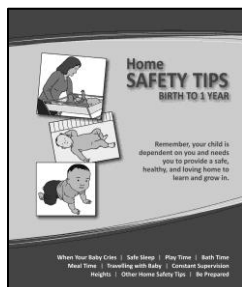


4-012  Order

### I'M GROWING UP SAFELY - GROWTH CHART

*Saskatchewan Prevention Institute, Revised 2011*

This resource provides home safety information for parents and caregivers in the form of a children's growth chart. The growth chart reaches a maximum height of 90 cm (36 inches or 3 feet) and is intended for children between birth and 2 years of age.

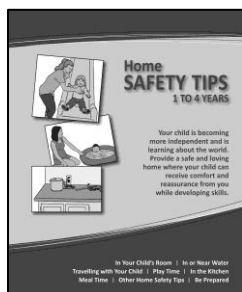


4-023  Order or Download

### I'M GROWING UP SAFELY: BIRTH TO 1 YEAR - BROCHURE

*Saskatchewan Prevention Institute, 2011*

This brochure contains home safety information on the common causes of injury for children less than one year of age. Specific information and preventative messages are included on the following topics: safe sleep, coping with crying, car seats, falls, drowning, choking, and burns and scalds.

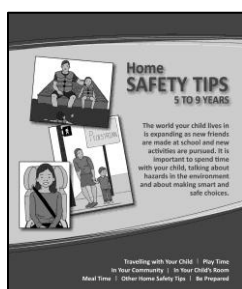


4-024  Order or Download

### I'M GROWING UP SAFELY: 1 TO 4 YEARS - BROCHURE

*Saskatchewan Prevention Institute, 2011*

This brochure contains home safety information on the common causes of injury for children between one and four years of age. Information is divided by activities around the home including: play time, bath time, sleep time, and meal time. Injury topics include: falls, car seats, drowning, choking, strangulation, poisoning, and burns and scalds.



4-025  Order or Download

### I'M GROWING UP SAFELY: 5 TO 9 YEARS - BROCHURE

*Saskatchewan Prevention Institute, 2011*

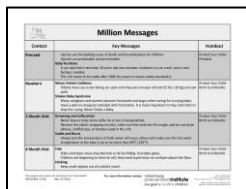
This brochure contains information on the common causes of injury for children between five and nine years of age. Injury prevention at home as well as within a community is discussed including: car seats, playgrounds, bikes and other wheels, pedestrian safety, falls, drowning, poisoning, and burns and scalds.



**Download**

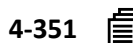
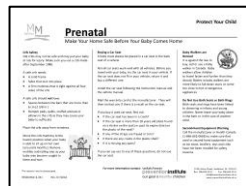
**MILLION MESSAGES: INFORMATION SHEETS**  
**4-350, 4-351, 4-352, 4-353, 4-354, 4-355, 4-356, AND 4-357**  
*Saskatchewan Prevention Institute, Rev. 2012*

The Million Messages program is the development of a comprehensive plan to standardize messages given to parents about injury by public or community health nurses. Each of these messages is simple, consistent, routine, and targets an issue that affects children at specific stages in their growth and development. The messages are developed for visits during the prenatal, newborn, two months, four months, six months, twelve months, eighteen months, and preschool periods. This program was developed by Capital Health in Alberta.



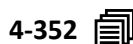
**Download**

**4-350 MILLION MESSAGES: KEY MESSAGES TABLE - INFORMATION SHEET**



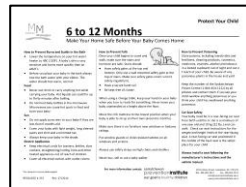
**Download**

**4-351 MILLION MESSAGES: PRENATAL - INFORMATION SHEET**



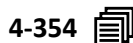
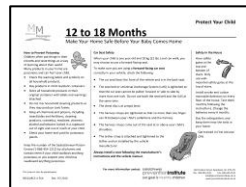
**Download**

**4-352 MILLION MESSAGES: BIRTH TO 6 MONTHS - INFORMATION SHEET**



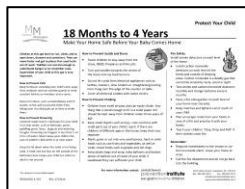
**Download**

**4-353 MILLION MESSAGES: 6 TO 12 MONTHS - INFORMATION SHEET**



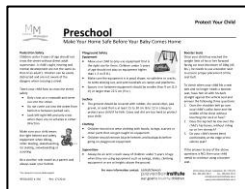
**Download**

**4-354 MILLION MESSAGES: 12 TO 18 MONTHS - INFORMATION SHEET**



4-355  Download

**MILLION MESSAGES: 18 MONTHS TO 4 YEARS - INFORMATION SHEET**



4-356  Download

**MILLION MESSAGES: PRESCHOOL - INFORMATION SHEET**



4-357  Download

**MILLION MESSAGES: PROGRAM**



4-358  Order

**IS YOUR CHILD SAFE? - BOOKLET**

*Health Canada, Revised 2006*

This booklet deals with important information on prevention of childhood injuries and covers such topics as baby carriers, blind and curtain cords, children’s clothing, playpens, playgrounds, safety gates, etc.

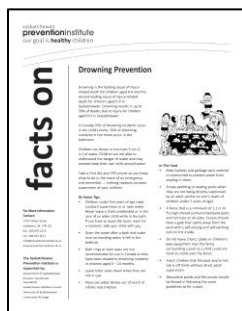



4-400  Download

**ARE THERE POISONS HIDING IN YOUR HOME? - FACT SHEET**

*Saskatchewan Prevention Institute, Rev. 2010*

Contains information on how to prevent poisoning and a checklist for poison-proofing your home.



**4-500**  **Download**  
**DROWNING PREVENTION - FACT SHEET**  
*Saskatchewan Prevention Institute, Revised 2010*

Drowning can happen swiftly and silently. In Saskatchewan, drowning is the leading cause of death due to injury among children birth to four years of age and is the second leading cause of death due to injury among children five to nine years of age. The information sheet outlines ways to assist you in protecting your family from drowning. Ideal for families and professionals working in the area of child safety.



**4-600**  **Download**  
**FARM SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

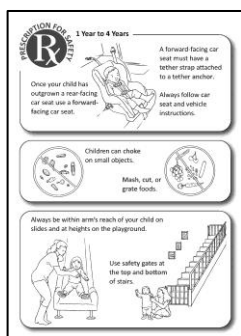
Every year, children are injured on Saskatchewan farms. This information sheet was developed to assist families in making the farm a safe place for children and outlines ways to help prevent injuries.



**4-910**  **Order**  
**PRESCRIPTION FOR SAFETY (PHYSICIAN COUNSELING): BIRTH TO 1 YEAR – INFORMATION SHEETS**  
*Saskatchewan Prevention Institute, 2011*

The Physician Counseling information cards are a print resource that can be provided to parents and caregivers, complementing physician counseling on injury prevention. The information card contains evidence-based injury prevention messages that have been written in plain language and are accompanied by a simple image to depict appropriate safety behaviours for parents and caregivers. Injury topics include car seat safety, safe sleep, falls, poisoning, drowning, choking, suffocation and strangulation, and burns and scalds.

The information cards are provided on a tear-away pad, with 50 cards per pad. This resource was developed in partnership with the Alberta Centre for Injury Control and Research (ACICR).



**4-911**  **Order**  
**PRESCRIPTION FOR SAFETY (PHYSICIAN COUNSELING): 1 YEAR TO 4 YEARS - INFORMATION SHEETS**

*Saskatchewan Prevention Institute, 2011*

The Physician Counseling Information Cards are a print resource that can be provided to parents and caregivers, complementing physician counseling on injury prevention. The information card contains evidence-based injury prevention messages that have been written in plain language and are accompanied by a simple image to depict appropriate safety behaviours for parents and caregivers. Injury topics include car seat safety, safe sleep, falls, poisoning, drowning, choking, suffocation and strangulation, and burns and scalds.

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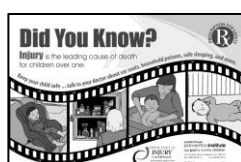


**4-912**  **Order**  
**PRESCRIPTION FOR SAFETY (PHYSICIAN COUNSELING): 5 YEARS TO 9 YEARS - INFORMATION SHEETS**

*Saskatchewan Prevention Institute, 2011*

The Physician Counseling Information Cards are a print resource that can be provided to parents and caregivers, complementing physician counseling on injury prevention. The information card contains evidence-based injury prevention messages that have been written in plain language and are accompanied by a simple image to depict appropriate safety behaviours for parents and caregivers. Injury topics include car seat safety, safe sleep, falls, poisoning, drowning, choking, suffocation and strangulation, and burns and scalds.

The information cards are provided on a tear-away pad, with 50 cards per pad. This resource was developed in partnership with the Alberta Centre for Injury Control and Research (ACICR).



**4-913**  **Order**  
**PRESCRIPTION FOR SAFETY (PHYSICIAN COUNSELING): POSTER**

*Saskatchewan Prevention Institute, 2011*

The Physician Counseling Poster is available to health care centers. The poster is intended to serve as a reminder for physicians to counsel parents and caregivers on injury prevention. The poster also aims to increase parent and caregiver interest in child injury prevention by encouraging them to seek further information from a health care provider.

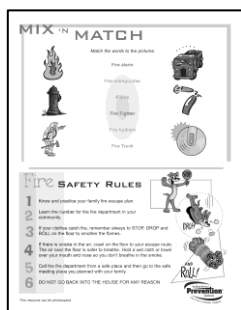
This resource was developed in partnership with the Alberta Centre for Injury Control and Research (ACICR).

4-V-233  Loan

**HEAD INJURY: CARING FOR YOUR CHILD AT HOME – VHS – (8 MIN.)**

*Maxishare, 1998*

This video addresses the importance of parental monitoring when a child sustains a head injury. When monitoring a child with a head injury at home, parents are cautioned to look for signs of serious head injury and when to call the doctor. Tips for preventing head injury are also discussed. Audience: parents, caregivers.



4-V-303  Loan

**KOOKUM'S GIFT: THE GIFT OF FIRE – DVD – (10 MIN.)**

*Saskatchewan Prevention Institute, 1993*

Grandmothers are wonderful teachers. In the video, a winter campfire provides Kookum (Cree for Grandmother) an opportunity to teach fire safety. The video begins when Kookum and her two grandchildren, who have been setting snares all day, stop to eat.

While cooking on the campfire, Kookum remembers a story of how the Creator brought into being: the wind, water, rocks, and fire. She reminds her grandchildren to always respect fire.

The video highlights important information about fire prevention and safety.

This video is also available for loan. Please refer to Item Number 4-V-333.

*As part of the Kookum's Gift, download the Fire Safety Colouring Sheet and Mix 'N Match Fire Safety Rules from the Prevention Institute's website:*

[www.preventioninstitute.sk.ca](http://www.preventioninstitute.sk.ca).

4-V-304  Loan

**BE A HOUSE DETECTIVE! HOW TO PROTECT YOUNG CHILDREN FROM HAZARDS IN THE HOME - DVD - (18 MIN.)**

*Community Health Services Department County of Lambton, 2002*

The video takes viewers on a "House Detective Home Tour" through four rooms (nursery, bathroom, kitchen, and living room) looking at the most common sources of childhood injuries. Each room features a different family with children birth to age 6 who discover real solutions to preventing household injuries. A manual is included.

**4-V-333**  **Loan**

**KOOKUM'S GIFT: THE GIFT OF FIRE - DVD - (10 MIN.)**

*Saskatchewan Prevention Institute, 2004*

This is a fire and burn prevention video. Annie Ledoux, an Elder from Mistawasis Reserve in Saskatchewan, who sadly has since passed away, is Kookum (Grandmother in Cree) in the video. While sitting around the campfire, Kookum takes the opportunity to convey to her grandchildren that fire is a spirit that must be respected. The story draws on Annie's own family experiences with fire and uses vivid imagery to portray the spiritual significance of fire within the Aboriginal culture.

This DVD provides information on how to prevent fires and burns, what to do in case of fire, and how to respond to a fire. This culturally appropriate DVD will be of interest to professionals working in the areas of public health, child safety and education, as well as to families. Audience: All ages.

This video is also available to purchase for \$10.00. Please refer to Item Number 4-302.

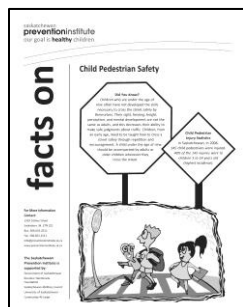
**4-V-356**  **Loan**

**WHAT SHOULD I DO? THE BASICS OF FIRST AID - DVD - (28 MIN.)**

*Kineticvideo, Cambridge Educational, 2004*

Knowing what to do until medical assistance arrives is what first aid is all about. This program will prepare viewers to respond safely in emergency situations. Along with CPR and treating for shock, the program shows how to respond to minor injuries such as cuts, burns, sprains, and strains; how to recognize and care for heat and cold injuries; what to do in case of poisoning, bites, or stings; and how to pack a first aid kit with all the essential contents.

## Pedestrian Safety

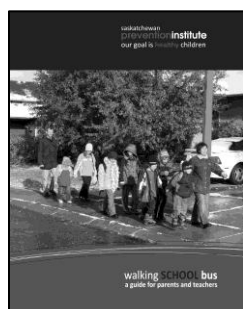


4-021  Download

### CHILD PEDESTRIAN SAFETY - FACT SHEET

*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet provides tips and facts on child pedestrian safety.



4-305  Download or Order

### WALKING SCHOOL BUS: A GUIDE FOR PARENTS AND TEACHERS - GUIDE

*Saskatchewan Prevention Institute, Rev. 2010*


A Walking School Bus (WSB) is a group of children (passengers) and adults (drivers and conductors) who walk to and from school along a designated, safe route. The “bus” picks up students and drops them off in the reverse order in the afternoon. This guide identifies the benefits, such as safety, environmental, and health of a WSB. It also goes through the process needed to set up a Walking School Bus.

# Playground Safety



**4-800  Download**  
**PLAYGROUND SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, 2005*

Every year in Saskatchewan, children between the ages of one and nine years are hospitalized due to playground injuries. This fact sheet outlines the steps parents can take to protect their children. Includes a checklist for ensuring their local playgrounds are safe and well-maintained.

**4-802  Download or Order (Currently Under Construction)**  
**SOFT LANDINGS: A GUIDE TO SAFE PLAYGROUND SURFACING - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

Falls from playground equipment onto the ground are common. Over 70 percent of all playground injuries which need hospital treatment are caused by falls onto a hard surface. This fact sheet compares recommended playground surfaces and answers commonly asked questions.

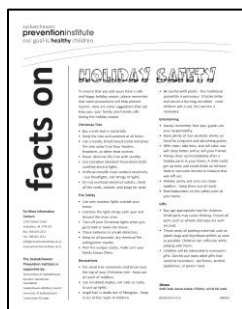
# Seasonal Safety




**4-018**  **Download**  
**HALLOWEEN SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet provides tips on halloween safety and is available for download only at [www.preventioninstitute.sk.ca](http://www.preventioninstitute.sk.ca).

*Download the Halloween Colouring Page from the Prevention Institute's website.*




**4-019**  **Download**  
**HOLIDAY SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet provides tips on holiday safety and is available for download only at [www.preventioninstitute.sk.ca](http://www.preventioninstitute.sk.ca).

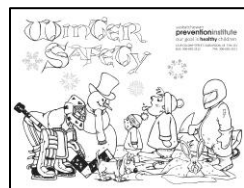
*Download the Holiday Season Colouring Page from the Prevention Institute's website.*

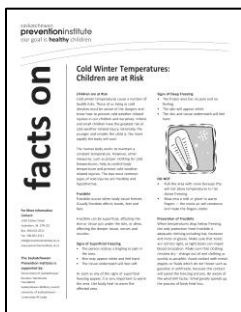



**4-020**  **Download**  
**WINTER SAFETY - FACT SHEET**  
*Saskatchewan Prevention Institute, Rev. 2010*

This fact sheet provides tips on winter safety and is available for download only at [www.preventioninstitute.sk.ca](http://www.preventioninstitute.sk.ca).

*Download the Winter Safety Colouring Page from the Prevention Institute's website.*





**4-700**  **Download**  
**COLD WINTER TEMPERATURES: CHILDREN ARE AT RISK - FACT SHEET**  
*Saskatchewan Prevention Institute, 2002*

Infants and young children are more susceptible to cold injuries. This fact sheet contains explanations and prevention techniques for two cold injuries - frostbite and hypothermia.

# Shaken Baby Syndrome

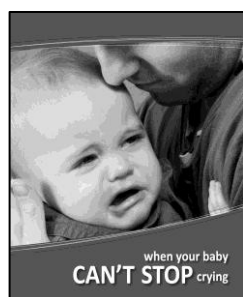


4-900  Download

## SHAKEN BABY SYNDROME - FACT SHEET

*Saskatchewan Prevention Institute, Rev. 2010*

Explains what Shaken Baby Syndrome is, including how it happens, the main reasons that cause an individual to shake an infant, the long-term effects of shaking an infant, and how it can be prevented. Aimed at health professionals and caregivers.



4-902  Download or Order

## WHEN YOUR BABY CAN'T STOP CRYING - BROCHURE

*Saskatchewan Prevention Institute, Revised 2010*

Crying has been identified as a “trigger” for Shaken Baby Syndrome. This helpful brochure identifies strategies and suggestions for dealing with a crying infant. The brochure also validates a caregiver’s feelings of frustration and anger. Ideal for use with all caregivers.

4-V-351  Loan

## NEVER SHAKE A BABY! WHAT PARENTS AND CAREGIVERS NEED TO KNOW - VHS - (18 MIN.)

*Health Television Systems Inc., 1998*

Never Shake a Baby! is a Canadian educational video focused on the prevention of Shaken Baby Syndrome. The video validates the feeling of frustration caregivers have and offers strategies to deal appropriately with those feelings. It emphasizes the importance of support systems for parents and caregivers of young children.

4-V-352  Loan

## IT ONLY TAKES A MOMENT - SHAKEN BABY SYNDROME - VHS - (13 MIN.)

*Healthy Child Initiative, Province of Manitoba, 2000*

This video provides information about Shaken Baby Syndrome in a compelling manner. A father who caused the death of his infant daughter, a physician, an early childhood educator, and a mother of a survivor of shaking are featured in the video. The video provides the viewer with methods of coping with the stress of caring for an infant and emphasizes, through a strong message, to never shake a baby.

4-V-353  Loan

**ELIJAH'S STORY - VHS - (28 MIN.)**

*National Center on Shaken Baby Syndrome, 2000*

Elijah's Story is the true story of a 16-month-old baby boy who was shaken to death by his biological father. The film follows the young family from the birth of Elijah to the 911 emergency call and sentencing hearing. Testimonies are given by Elijah's mom and grandparents, as well as by the doctor, detective, and judge in the case. Elijah's mom shares her emotions as she tries to go on, and Elijah's dad speaks out from prison, encouraging others to learn from his mistakes.