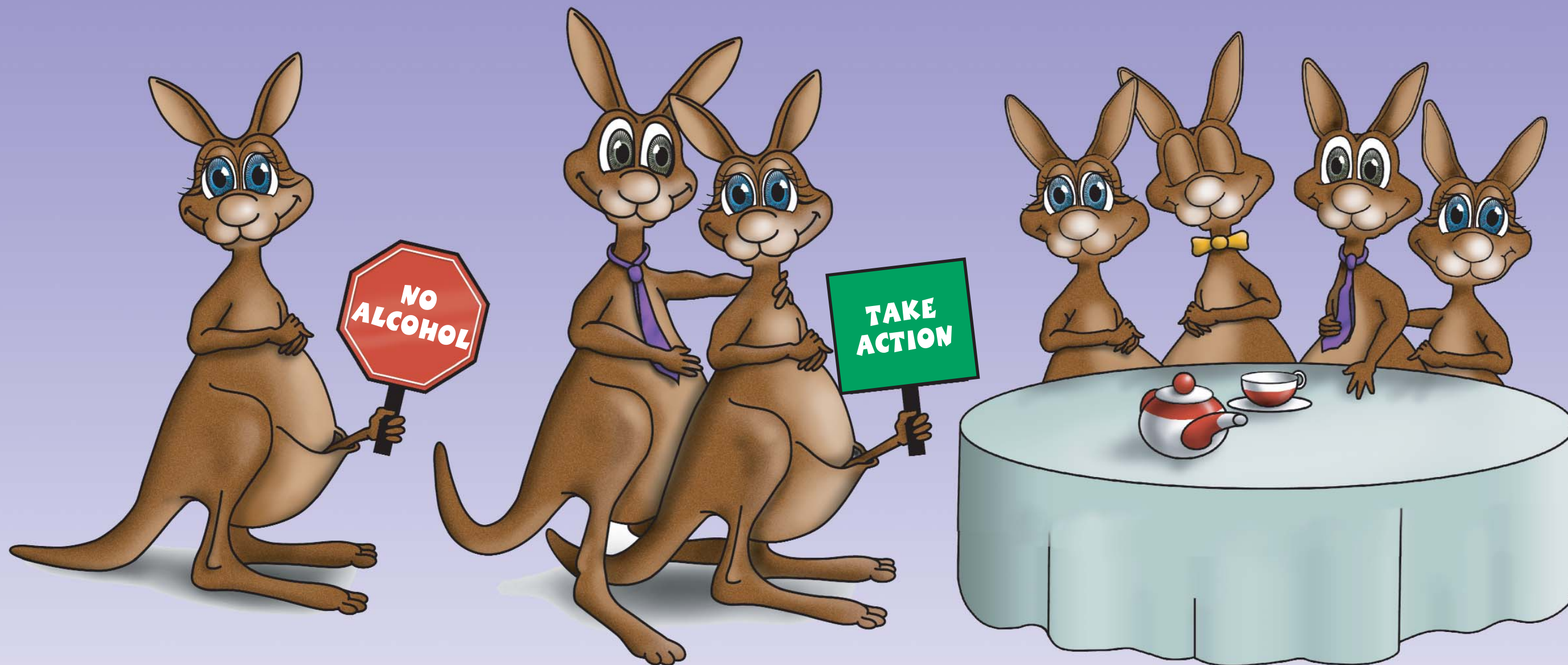


Drinking Alcohol During Pregnancy Can Cause Fetal Alcohol Spectrum Disorder.
THERE IS NO SAFE TIME, KIND OR AMOUNT OF ALCOHOL.



PLAN

not to drink alcohol during pregnancy or when breast feeding.

SUPPORT

a pregnant woman's choice not to drink alcohol.

TALK

to others about the harmful effects of alcohol during pregnancy.

(PLEASE FILL IN LOCAL CONTACT INFORMATION ABOVE)



For More Information Contact:
Saskatchewan Prevention Institute
1319 Colony Street Saskatoon, SK S7N 2Z1
Phone: (306) 655-2512 Fax: (306) 655-2511
Email: info@preventioninstitute.sk.ca
Website: www.preventioninstitute.sk.ca