

# DRINKING ALCOHOL DURING PREGNANCY CAN CAUSE FETAL ALCOHOL SPECTRUM DISORDER

## PLAN

not to drink alcohol during pregnancy or when breast feeding.

## SUPPORT

a pregnant woman's choice not to drink alcohol.

## TALK

to others about the harmful effects of alcohol during pregnancy.



*Our Goal is Healthy Children*

For More Information Contact:  
**(306) 655-2512**



**SASKATCHEWAN  
LIQUOR AND GAMING  
AUTHORITY**